

DR KING HEI STANLEY LAM

MBBS (HK), FHKCFP, FRACGP, FHKAM (FM), DCH (Ireland), PGDip Derm (NUS), FHKIMM, MScSEM, MScSMHS, PGDipMSM (Otago), RMSK, CIPS, FIPP, POCUS (MSK)

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ACADEMIC PROFILE

Dr King Hei Stanley Lam is a musculoskeletal, sports, and pain physician from Hong Kong. His clinical and academic work focuses on musculoskeletal ultrasound, ultrasound-guided nerve hydrodissection, regenerative injection therapy, sports medicine, and pain medicine. He is actively involved in international teaching, editorial work, peer-reviewed research, and procedural training in musculoskeletal ultrasound and interventional pain medicine.

CURRENT ACADEMIC AND PROFESSIONAL APPOINTMENTS

- **Clinical Associate Professor (Honorary)**, Faculty of Medicine, The Chinese University of Hong Kong
 - **Honorary Clinical Associate Professor**, Faculty of Medicine, The University of Hong Kong
 - **Consultant**, NYSORA; author of the **MSK US and RIT of Knee App**
 - **Founding President**, MSKUS Asia-Pacific
 - **Founding President**, International Association of Musculoskeletal Medicine
 - **Immediate Past-President**, Hong Kong Institute of Musculoskeletal Medicine
 - **Honorary Consultant**, Center for Regional Anesthesia and Pain Medicine, Wan Fang Hospital, Taipei Medical University, Taiwan
 - **Honorary Consultant**, Center for Regional Anesthesia and Pain Medicine, Chung Shan Medical University Hospital, Taiwan
 - **Honorary International Consultant**, Taiwan Association of Prolotherapy and Regenerative Medicine
 - **Teaching Faculty and Examiner**, World Institute of Pain
 - **Teaching Faculty**, MSKUS / USA
 - **Teaching Faculty**, TOBI / USA (2014, 2016, 2022, 2024, 2025, 2026)
 - **Teaching Faculty**, IOF Max (2023, 2024, 2025, 2026)
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EDITORIAL APPOINTMENTS

- **Section Editor**, Musculoskeletal Pain / Rehabilitation and Neuropathic Pain Section, *Journal of Pain Research*
- **Academic Editor**, *Pain Research and Management*
- **Academic Editor**, *International Journal of Clinical Practice*

- **Guest Editor**, Special Issue: *Multimodal Assessment of Musculoskeletal Conditions, Diagnostics*
 - **Associate Editor**, *Asia Pacific Journal of Pain*
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PROFESSIONAL CERTIFICATIONS AND DISTINCTIONS

- **RMSK** and **POCUS (MSK-Tissues)** credentials, USA
 - Awarded **RMSK Pioneer Certificate**, 2012
 - Certified **CIPS** and **FIPP**, World Institute of Pain, 2017
 - **Teaching Faculty and Examiner**, World Institute of Pain since 2018
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CLINICAL AND RESEARCH INTERESTS

- Ultrasound-guided hydrodissection / hydrorelease of nerve impingement and entrapment
 - Dynamic musculoskeletal ultrasound for diagnosis and intervention
 - Ultrasound-guided regenerative injection therapy / regenerative medicine
 - Sports injury, peripheral neuropathy, and chronic pain
 - Ultrasound-assisted intraosseous regenerative procedures
 - Ultrasound-guided dry needling
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INTERNATIONAL TEACHING AND LECTURING

Dr Lam has delivered numerous international lectures and hands-on workshops in the following areas:

- Ultrasound-guided hydrodissection of nerves
 - Dynamic musculoskeletal ultrasound scanning of joints and nerves
 - Ultrasound-guided spine injection
 - Ultrasound-guided regenerative injection therapy / regenerative medicine for sports injury, musculoskeletal disorders, and chronic pain
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PEER-REVIEWED PUBLICATIONS

2026

1. Yoon Y, Hwang J, Lee J, Lim J, Kim S, Lee J, Suryadi T, Suhaimi A, **Lam KHS**. **Adinizer-Processed Microfragmented Adipose Tissue With Ligament-Targeted Prolotherapy for Acute-on-Chronic Kellgren-Lawrence Grade III Knee**

- Osteoarthritis: A Case Report With 22-Month Follow-Up.** *Cureus*. 2026;18(6):e110848. doi:10.7759/cureus.110848.
2. Kim SH, Lee UY, Yoon Y, Kim S, Sung D, Kim J, Lee S, Kim KT, **Lam KHS. Ultrasound-Guided Humerus-Parallel Injectate Distribution to the Posterior Antebrachial Cutaneous Nerve-Related Fascial Plane and Common Extensor Origin: A Proof-of-Concept Cadaveric Anatomical Feasibility Study.** *Diagnostics (Basel)*. 2026;16(11):1698. doi:10.3390/diagnostics16111698.
 3. Yoon Y, **Lam KHS**, Lee J, Lim J, Hwang J, Shin R, Suryadi T, Suhaimi A, Choi J, Ko G. **Ultrasound-Guided Hydrodissection of the Subclavius Muscle Region in Neurogenic Thoracic Outlet Syndrome: A Case Report.** *Front Med (Lausanne)*. 2026;13:1804081. doi:10.3389/fmed.2026.1804081.
 4. Yoon Y, Park R, Shim J, Park J, Hwang J, Kim J, **Lam KHS**, Suryadi T, Suhaimi A. **Magnesium at the Neurovascular Interface: A Narrative Review of Atherosclerosis, Peripheral Arterial Disease, and Neuropathic Pain.** *Nutrients*. 2026;18(11):1675. doi:10.3390/nu18111675.
 5. **Lam KHS**, Yoon Y, Hwang J, Yu H, Kim S, Su DC. **Ultrasound-Guided Preseptal Hydrodissection With 5% Dextrose in Water for Persistent Botulinum Toxin-Associated Ptosis: A Technical Protocol.** *Front Ophthalmol (Lausanne)*. 2026;6:1792644. doi:10.3389/fopht.2026.1792644.
 6. Suhaimi A, Suryadi T, Yoon Y, Kim SH, Lee UY, Hwang J, **Lam KHS. A Suprainguinal Ultrasound-Guided Fascia Iliaca Plane Injection Using the Anterior Inferior Iliac Spine Landmark: An Anatomy-Based Technical Report.** *Cureus*. 2026;18(5):e108979. doi:10.7759/cureus.108979.
 7. Kim SH, Lee UY, Yoon Y, Suryadi T, Su DC, Wang WC, **Lam KHS. Novel Ultrasound-Guided Popliteal Fascial Retinaculum Injection for Symptomatic Knee Osteoarthritis: A Technical Report With Cadaveric Dye-Distribution Study and Step-by-Step Procedural Description.** *Cureus*. 2026;18(4):e107760. doi:10.7759/cureus.107760.
 8. Suhaimi A, Yoon Y, Suryadi T, Lee J, Lim J, Kim J, Hwang J, Kim SH, Lee UY, **Lam KHS. Ultrasound-Guided, Single-Entry, Dual-Target Hydrodissection for Carpal Tunnel Syndrome: A Technical Note With Cadaveric Validation.** *Cureus*. 2026;18(4):e107717. doi:10.7759/cureus.107717.
 9. Yoon Y, Hwang JH, Lee J, Lim J, Suryadi T, Suhaimi A, Lee J, Kim S, **Lam KHS. Intradiscal Injection of Adinizer-Processed Minimally Microfragmented Adipose Tissue for Degenerative Lumbar Spondylolisthesis: A Case Report With a Two-Year Follow-Up.** *Cureus*. 2026;18(4):e107584. doi:10.7759/cureus.107584.
 10. Yoon Y, Hwang J, Lee J, Lim J, Suryadi T, Suhaimi A, de Castro JC, Lee J, Kim S, **Lam KHS. Intradiscal Injection of Minimally Manipulated Adipose Tissue for Disc-Driven Cervical Myelopathy: A Case Report With Three-Year Follow-Up.** *Cureus*. 2026;18(4):e107314. doi:10.7759/cureus.107314.
 11. **Lam KHS**, Elawamy AM, Allam AE, Yoon Y, Hassanien M. **Comparative Efficacy of Scalene versus Scapular Approach for Ultrasound-Guided Corticosteroid Hydrodissection in Dorsal Scapular Nerve Entrapment [Response to Letter].** *J Pain Res*. 2026;19:615033. doi:10.2147/JPR.S615033.
 12. Yoon Y, Lee J, Lim J, Hwang JH, Suryadi T, Suhaimi A, **Lam KHS. Rapid Radiographic Improvement in Large Multilobulated Shoulder Calcific Tendinitis After Ultrasound-Guided Prolotherapy and Adjunctive Nutritional and Metabolic Support: A Case Report.** *Cureus*. 2026;18(4):e106864. doi:10.7759/cureus.106864.

13. Yoon Y, Hwang JH, Lee J, Lim J, Suryadi T, Suhaimi A, Lee J, Kim S, **Lam KHS**. **Core Decompression With Adinizer-Processed Minimally Manipulated Adipose Tissue for Osteonecrosis of the Femoral Head: A Case Report.** *Cureus*. 2026;18(4):e106630. doi:10.7759/cureus.106630.
14. **Lam KHS**, Yoon Y, Su DC, Suryadi T, Suhaimi A, Tsan Wu Y. **Ultrasound-Guided Hydrodissection for Peripheral Neuropathy: An Evidence-Based Intervention Whose Time Has Finally Come.** *Cureus*. 2026;18(4):e106578. doi:10.7759/cureus.106578.
15. Kim SH, Lee UY, Yoon Y, Hwang J, Kim J, Na Y, Kim S, **Lam KHS**, de Castro JC, Suryadi T, Suhaimi A. **Ultrasound-Guided Targeted Injection to the Anterior Labral-Ligamentous Complex of the Shoulder: A Cadaveric Feasibility Study for Regenerative Therapy.** *Bioengineering (Basel)*. 2026;13(4):418. doi:10.3390/bioengineering13040418.
16. **Lam KHS**, Suryadi T, Su DC, Suhaimi A, Allam AE, Yoon Y. **Novel Ultrasound-Guided Bilateral Simultaneous Hydrodissection of the Cervical Sympathetic Chain and Vagus Nerves: A Detailed Technical Description With Anatomical Correlation.** *Cureus*. 2026;18(4):e106250. doi:10.7759/cureus.106250.
17. Kim SH, Lee UY, Yoon Y, Hwang J, Lee J, Kim S, **Lam KHS**, Suryadi T, Suhaimi A. **An Anatomical Cadaveric Demonstration of an Ultrasound-Guided Fascial Plane Injection Pathway in the Deep Gluteal Space.** *Bioengineering (Basel)*. 2026;13(4):412. doi:10.3390/bioengineering13040412.
18. **Lam KHS**, Yoon Y, Su DC, Suhaimi A, Suryadi T, Allam AE, Hassanien M. **Ultrasound-Guided Selective Nerve Root Block for Surgical Planning in Multilevel Cervical Disc Disease: A Technical Report.** *Cureus*. 2026;18(3):e105690. doi:10.7759/cureus.105690.
19. Yoon Y, Hwang JH, Lee J, Suryadi T, Suhaimi A, Kim S, Kim H, **Lam KHS**. **Ultrasound-Guided Hydrodissection for Neurogenic Thoracic Outlet Syndrome Caused by a Cervical Rib: A Case Report.** *Cureus*. 2026;18(3):e104595. doi:10.7759/cureus.104595.
20. Elawamy AM, **Lam KHS**, Allam AE, Aboelfadl GM, Moshrif A, Ahmad AA, Mohamed EF, AbdelRady MM, Shabaan N, Ghoraba Y, Yoon Y, Hassanien M. **Comparative Efficacy of Scalene versus Scapular Approach for Ultrasound-Guided Corticosteroid Hydrodissection in Dorsal Scapular Nerve Entrapment: A Randomized Controlled Trial.** *J Pain Res*. 2026;19:576439. doi:10.2147/JPR.S576439.
21. **Lam KHS**, Yoon Y, Su DC, Suryadi T, Ho Yin Allen N, Suhaimi A, Reeves KD. **The Diabetic Hand as a Diagnostic Blind Spot: A Case of Severe Pseudohyperglycemia Masking Critical Hypoglycemia.** *Cureus*. 2026;18(2):e104040. doi:10.7759/cureus.104040.
22. Kim SH, Hwang J, Yoon Y, Choi J, Ko G, Kim H, Sung D, Park R, Shim J, Lee J, Kim S, Kim Y, **Lam KHS**. **Toward a Phenotype-Driven Continuum Model in Trigger Finger: Proposing a Sonographic Framework for Personalized Management.** *Life (Basel)*. 2026;16(2):289. doi:10.3390/life16020289.
23. Yoon Y, Hwang JH, Lee C, Yu H, Suhaimi A, Suryadi T, **Lam KHS**. **The Association Between Lower-Limb Muscle Mass Asymmetry and Hip Fracture Laterality in Elderly Women: A Retrospective, DXA-Based Study.** *Cureus*. 2026;18(2):e102797. doi:10.7759/cureus.102797.
24. Yoon Y, Sung D, Lee J, **Lam KHS**. **A Case Report of Deep Gluteal Syndrome Secondary to Piriformis Enthesopathy Successfully Treated With Ultrasound-**

Guided Dextrose Prolotherapy. *Cureus*. 2026;18(1):e102370.
doi:10.7759/cureus.102370.

25. Yoon Y, Cavallino S, Suryadi T, Suhaimi A, Lee J, **Lam KHS. Ultrasound-Guided Aspiration and Dextrose Prolotherapy for a Triangular Fibrocartilage Complex Ganglion Cyst in an Avid Golfer: A Case Report.** *Cureus*. 2026;18(1):e101874.
doi:10.7759/cureus.101874.
26. Yoon Y, **Lam KHS**, Castro JC, Hwang J, Lee J, Suryadi T, Suhaimi A, Kang CW, Choi J, Kim S. **Ultrasound-Guided Dextrose Hydrodissection for Mixed Sensory-Motor Wartenberg's Syndrome Following a Healed Scaphoid Fracture: A Case Report.** *Diagnostics (Basel)*. 2026;16(1):156. doi:10.3390/diagnostics16010156.

2025

1. Yoon Y, Hwang JH, Lee J, Suryadi T, Suhaimi A, Shim J, **Lam KHS. Unusual Triggering of the Finger Caused by Distal Flexor Tendinopathy: Successful Treatment With Ultrasound-Guided Prolotherapy.** *Cureus*. 2025;17(12):e99605.
doi:10.7759/cureus.99605.
2. **Lam KHS**, Allam AE, Lai WWM, Su DC, Yoon Y, Hassanien M. **Ultrasound-Guided Hydrodissection for Dorsal Scapular Nerve Entrapment: A Technical Report on the Scalene and Scapular Approaches.** *Cureus*. 2025;17(12):e98571.
doi:10.7759/cureus.98571.
3. Yoon Y, Hwang JH, Shim J, Park R, Lee J, **Lam KHS. A Novel Case of Trigger Finger Caused by A1 Pulley Calcification Successfully Treated With Ultrasound-Guided Prolotherapy: A Case Report and Literature Review.** *Cureus*. 2025;17(11):e98189. doi:10.7759/cureus.98189.
4. Yoon Y, **Lam KHS**, Lee J, Choi J, Ko GS, Suryadi T, Suhaimi A, Su DC. **An Ultrasound Image-and-Intervention Paradigm for a Neglected Lumbar Transverse Process Fracture: A Case Report of Diagnosis and Hydrodissection Treatment.** *Cureus*. 2025;17(11):e98190. doi:10.7759/cureus.98190.
5. Yoon YH, Hwang J, **Lam KHS**, de Castro JC, Suryadi T, Suhaimi A, Kang CW, Lee H, Kim H, Kim S, Su DC. **Unstable Occult Scaphoid Fracture Diagnosed by Dynamic Point-of-Care Ultrasound: A Case Report and Review.** *Front Med (Lausanne)*. 2025;12:1711119. doi:10.3389/fmed.2025.1711119.
6. Yoon Y, **Lam KHS**, Hwang JH, Sung D, Lee J, Suryadi T, Su DC. **Sural Nerve Entrapment in Postoperative Scar Tissue: A Case of Successful Management With Hydrodissection After Calcaneal Fracture Repair.** *Cureus*. 2025;17(11):e96069. doi:10.7759/cureus.96069.
7. Yoon Y, Hwang J, Lee J, **Lam KHS**, Castro JC, Kim H, Sung D, Kim S, Lee M, Park C. **Effect of Early Extracorporeal Shockwave Therapy on Postoperative Pain and Functional Recovery After Intramedullary Nailing: An Open-Label Randomized Controlled Trial.** *Life (Basel)*. 2025;15(11):1704.
doi:10.3390/life15111704.
8. Yoon Y, **Lam KHS**, Lee H, Park C, Kim S, Lee M, Lee J, Hwang J, Yu H, Lee J, Su DC, Suryadi T, Suhaimi A, Reeves KD. **Novel Sonoguided Digital Palpation and Hydrodissection for Sural Nerve Dysfunction Mimicking Achilles Tendinopathy in a Psoriasis Patient.** *Diagnostics (Basel)*. 2025;15(21):2706.
doi:10.3390/diagnostics15212706.
9. Yoon Y, **Lam KHS**, Hwang J, Kim S, Kye J, Kim H, Kang J, Lee J, Su DC, Suryadi T, Suhaimi A, Reeves KD. **Ultrasonographic Diagnosis and Computed Tomographic Confirmation of a Scapular Body Stress Fracture in an Elite**

Boxer: A Case Report. *Diagnostics (Basel)*. 2025;15(20):2565.
doi:10.3390/diagnostics15202565.

10. Hwang J, Lee HW, Yoon Y, **Lam KHS**. **Cement-Augmented Screw Fixation for Unreconstructible Acetabular Posterior Wall Fractures: A Technical Note.** *Life (Basel)*. 2025;15(10):1573. doi:10.3390/life15101573.
11. Yoon YH, Hwang JH, Lee HW, Lee M, Park C, Lee J, Kim S, Lee J, de Castro JC, **Lam KHS**, Suryadi T, Youn KH. **Beyond Nerve Entrapment: A Narrative Review of Muscle-Tendon Pathologies in Deep Gluteal Syndrome.** *Diagnostics (Basel)*. 2025;15(19):2531. doi:10.3390/diagnostics15192531.
12. Yoon Y, **Lam KHS**, Park C, Lee J, Kye J, Kim H, Kim S, Kang J, Suhaimi A, Suryadi T, Su DC, Reeves KD, Cavallino S. **Innovative Dynamic Ultrasound Diagnosis of First Rib Stress Fracture in an Adolescent Athlete: A Case Report.** *Diagnostics (Basel)*. 2025;15(19):2437. doi:10.3390/diagnostics15192437.
13. Seo YS, Yoon Y, **Lam KHS**, Kim SH, Kim IB, Youn KH. **Ultrasound-Guided Integrated Musculoskeletal and Vascular Landmark Approach for Access to the Facial Nerve Trunk.** *Life (Basel)*. 2025;15(9):1396. doi:10.3390/life15091396.
14. Seo YS, Lee H, Hwang J, Park C, Lee M, Yoon Y, Yu H, Choi J, Ko G, Su DC, Reeves KD, Suryadi T, Suhaimi A, **Lam KHS**. **Ultrasound-Guided Hydrodissection With Needle Stabilization: An Innovative Nerve-Sparing Approach to Remove a Contraceptive Implant Causing Ulnar Neuropathy.** *Diagnostics (Basel)*. 2025;15(16):2106. doi:10.3390/diagnostics15162106.
15. Yoon Y, Lee H, **Lam KHS**, Lee M, Lee J, Hwang J. **The Sonographic Evaluation of Abductor Injury After Intramedullary Nailing for Hip Fractures.** *J Clin Med*. 2025;14(15):5498. doi:10.3390/jcm14155498.
16. Nugroho N, **Lam KHS**, Tandiono T, Suryadi T, Suhaimi A, Ratnawati W, Su DC, Yoon Y, Reeves KD. **Novel Sonoguided Digital Palpation and Ultrasound-Guided Hydrodissection of the Long Thoracic Nerve for Managing Serratus Anterior Muscle Pain Syndrome: A Case Report With Technical Details.** *Diagnostics (Basel)*. 2025;15(15):1891. doi:10.3390/diagnostics15151891.
17. Lee HW, Hwang J, Park C, Lee M, Yoon Y, Seo YS, Yu H, Park R, Shim J, Ann J, Su DC, Suryadi T, Reeves KD, **Lam KHS**. **Confirming the Presence of Neurapraxia and Its Potential for Immediate Reversal by Novel Diagnostic and Therapeutic Ultrasound-Guided Hydrodissection Using 5% Dextrose in Water Without Local Anesthetics: Application in a Case of Acute Radial Nerve Palsy.** *Diagnostics (Basel)*. 2025;15(15):1880. doi:10.3390/diagnostics15151880.
18. **Lam KHS**, Reeves KD. **Ultrasound Approaches to Three Entrapment Locations in Pudendal Nerve Compression: Comments on Ultrasound-Guided Pudendal Nerve Dextrose Hydrodissection for Urinary Incontinence.** *Pain Med Case Rep*. 2025;9(4):249-252.
19. **Lam KHS**, Kersschot J, Suryadi T, Suhaimi A, Su DC. **Regional Peripheral Neuromodulation via Glucopuncture: A Novel Targeted Approach for Persistent Myofascial Dysfunction.** *Cureus*. 2025;17(10):e93637. doi:10.7759/cureus.93637.
20. Su DC-J, Yeh M-C, **Lam KHS**. **Novel Ultrasound Examination and Guided Intervention of Peri-Oral Musculature and Fascia in Wind Players With Embouchure Problems: Technical Note.** *Diagnostics (Basel)*. 2025;15(5):514. doi:10.3390/diagnostics15050514.
21. Choong JT, Suhaimi A, Su DC, **Lam KHS**. **Perineural Injection Therapy for Hemiplegic Shoulder Pain: A Novel Management Approach.** *Cureus*. 2025;17(2):e79332. doi:10.7759/cureus.79332.

22. Reeves KD, Atkins JR, Solso CR, Cheng CI, Thornell IM, **Lam KHS**, Wu YT, Motyka T, Rabago D. **Rapid Decrease in Dextrose Concentration After Intra-Articular Knee Injection: Implications for Mechanism of Action of Dextrose Prolotherapy.** *Biomedicines*. 2025;13(2):350. doi:10.3390/biomedicines13020350.

2024

1. Wu T, Lee C, **Lam K**, et al. **A Novel Approach of Ultrasound-Guided Transforaminal Cervical Nerve Root Injection With Fluoroscopic Validation: A Case Report and Technical Illustration.** *Cureus*. 2024;16(12):e74937. doi:10.7759/cureus.74937.
2. Abdelrady MM, **Lam KH**, Shabaan N, Hassanien M, Mokbel E, Nada DW, El Sharkawy AM, Ramadan KM, Ghoraba Y, Allam AE, Aboelfadl GM. **Selective Ultrasound-Guided Nerve Root Block Improves Outcomes for Discectomy in Patients With Cervical Disc Disease: A Randomized, Controlled, Single-Blinded Study.** *Minerva Anesthesiol*. 2024;90(9):748-758. doi:10.23736/S0375-9393.24.17989-8.
3. Rocha-Romero A, Ng TKT, **Lam KHS**. **Optimizing Genicular Nerve Chemical Ablation.** *Korean J Pain*. 2024;37(3):275-279. doi:10.3344/kjp.24021.
4. Su DC, Hung CY, **Lam KHS**. **Ultrasound Evaluation and Guided Injection of the Subscapularis and Serratus Anterior Muscles Between the Scapula and the Thoracic Cage: A Technical Note.** *J Ultrasound Med*. 2024;43(7):1353-1357. doi:10.1002/jum.16459.
5. **Lam K**, Su D, Wu Y, et al. **A Novel Ultrasound-Guided Bilateral Vagal Nerve Hydrodissection With 5% Dextrose Without Local Anesthetic for Recalcitrant Chronic Multisite Pain and Autonomic Dysfunction.** *Cureus*. 2024;16(7):e63609. doi:10.7759/cureus.63609.
6. **Lam KHS**. **Letter to the Editor – Suboccipital Sonoanatomy: Sonoanatomy Labelling Errors and Effective Novel Techniques of Ultrasound-Guided Hydrodissection of the Greater Occipital Nerve.** *JEM Reports*. 2024;3(3):100095. doi:10.1016/j.jemrpt.2024.100095.
7. **Lam KHS**, Su DC-J, Wu Y-T, Janze A, Reeves KD. **Novel Ultrasound-Guided Hydrodissection With 5% Dextrose for the Treatment of Occipital Neuralgia Targeting the Greater Occipital Nerve.** *Diagnostics*. 2024;14(13):1380. doi:10.3390/diagnostics14131380.
8. Wu YT, **Lam KHS**, Wu CH, Chang KV, Wu WT, Wang TG, Chen WS, Lin CP, Reeves KD. **Ultrasound-Guided Regenerative Injection for Carpal Tunnel Syndrome: A Narrative Review and Authors' Clinical Experience.** *Rehabilitation Practice and Science*. 2024;2024(2):Article 5. doi:10.6315/3005-3846.2236.
9. Zhou EFM, Wong AYL, Zheng YP, **Lam KHS**, Fu SN. **Reliability of Ultrasound Shear Wave Elastography for Evaluating Psoas Major and Quadratus Lumborum Stiffness: Gender and Physical Activity Effects.** *Ultrasound Med Biol*. 2024;50(4):564-570. doi:10.1016/j.ultrasmedbio.2023.12.021.
10. **Lam K**, Kersschot J, Suryadi T. **A Novel Treatment of Fascial Pain With Glucopuncture: Three Clinical Cases.** *Cureus*. 2024;16(5):e59544. doi:10.7759/cureus.59544.
11. Huang CY, Lai CY, Reeves KD, **Lam KHS**, Li TY, Cheng CI, Wu YT. **Volume Effect of Nerve Hydrodissection for Carpal Tunnel Syndrome.** *J Ultrasound Med*. 2024;43:161-169. doi:10.1002/jum.16349.

2023

1. **Lam KHS, Su DCJ, Wu Y-T, Fajardo Pérez M, Reeves KD, Peng P, Fullerton B. Infraspinatus Fascial Dysfunction as a Cause of Painful Anterior Shoulder Snapping: Its Visualization via Dynamic Ultrasound and Its Resolution via Diagnostic Ultrasound-Guided Injection.** *Diagnostics*. 2023;13(15):2601. doi:10.3390/diagnostics13152601.
2. **Cherng J-H, Chang S-J, Tsai H-D, Chun C-F, Fan G-Y, Reeves KD, Lam KHS, Wu Y-T. The Potential of Glucose Treatment to Reduce Reactive Oxygen Species Production and Apoptosis of Inflamed Neural Cells In Vitro.** *Biomedicines*. 2023;11(7):1837. doi:10.3390/biomedicines11071837.
3. **Lam KHS, Wu Y-T, Reeves KD, Galluccio F, Allam AE-S, Peng PWH. Ultrasound-Guided Interventions for Carpal Tunnel Syndrome: A Systematic Review and Meta-Analyses.** *Diagnostics*. 2023;13(6):1138. doi:10.3390/diagnostics13061138.
4. **Lam KHS, Wu Y-T, Reeves KD, Hadzic A, Perez MF, Fu SN. A Novel Infrapatellar Approach of Ultrasound-Guided Intra-Articular Injection of the Knee From Both Lateral and Medial Side: A Case Series.** *Ther Adv Musculoskelet Dis*. 2023;15. doi:10.1177/1759720X221149954.

2022

1. **Pang JCY, Fu ASN, Lam SKH, Peng B, Fu ACL. Ultrasound-Guided Dry Needling Versus Traditional Dry Needling for Patients With Knee Osteoarthritis: A Double-Blind Randomized Controlled Trial.** *PLoS One*. 2022;17(9):e0274990. doi:10.1371/journal.pone.0274990.
2. **Hilal FM, Bashawyah A, Allam AE, Lam KHS, El Oumri AA, Galluccio F, AlKharabsheh A, Kaye AD, Salti A, Varrassi G. Efficacy of Botulinum Toxin, Local Anesthetics, and Corticosteroids in Patients With Piriformis Syndrome: A Systematic Review and Meta-Analysis.** *Pain Physician*. 2022;25(5):325-337.
3. **Lam KHS, Hung C-Y, Wu T-J, Chen W-H, Ng TKT, Lin J-A, Wu Y-T, Lai WW. Novel Ultrasound-Guided Cervical Intervertebral Disc Injection of Platelet-Rich Plasma for Cervicodiscogenic Pain: A Case Report and Technical Note.** *Healthcare*. 2022;10(8):1427. doi:10.3390/healthcare10081427.
4. **Chao T-C, Reeves KD, Lam KHS, Li T-Y, Wu Y-T. The Effectiveness of Hydrodissection With 5% Dextrose for Persistent and Recurrent Carpal Tunnel Syndrome: A Retrospective Study.** *J Clin Med*. 2022;11(13):3705. doi:10.3390/jcm11133705.
5. **Wu Y-T, Li T-Y, Lee K-C, Lam KHS, Chang C-Y, Chang C-K, Chen L-C. Efficacy of a Novel Intra-Articular Administration of Platelet-Rich Plasma One-Week Prior to Hyaluronic Acid Versus Platelet-Rich Plasma Alone in Knee Osteoarthritis: A Prospective, Randomized, Double-Blind, Controlled Trial.** *J Clin Med*. 2022;11(11):3241. doi:10.3390/jcm11113241.
6. **Wu Y-T, Chen Y-P, Lam KHS, Reeves KD, Lin J-A, Kuo C-Y. Mechanism of Glucose Water as a Neural Injection: A Perspective on Neuroinflammation.** *Life*. 2022;12(6):832. doi:10.3390/life12060832.
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